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THE KRYON TEACHINGS

Channeled by Mario Liani

The Kryon Group is the name Mario Liani uses to describe the loving energy of Kryon, which is not a single entity but rather a group of highly evolved beings of the angelical realms operating as a group — not as individuals — in absolute synchronicity.

Kryon is currently being channeled in several languages
by different spokespersons around the world.

Mario Liani is a channel for Kryon in the Spanish language.

CONNECTING TO THE HEART OF THE ONE THROUGH GAIA

Live Channel - August 15, 2009

Caracas, Venezuela

Kryon's Voice...

Good evening, everyone!

I am Kryon, in Magnetic Service to Humanity.

And so it is that YOU, human being, have answered your own call, you set up the alarm clock for today, to come here to this room to listen to yourself.

That's right. You are not hearing my voice, you are hearing your own voice, because we ARE your voice. We are the voice of your longings, your wishes, we are the very heart that beats within you... and you are One with us.

You're probably wondering: "What is this, Kryon? How is it possible that a human being can sit in a chair and speak words that he claims are not his own, pretending to speak under the guidance of spirit, affirming that he is being inspired and guided by something beyond the tangible? This cannot be!"

But it is so, dear human... because that is how the system works.

You lend your own voice so that you can hear what you want to hear, because you think you cannot do it ... and it's not because you can't, not because you are not able, but simply because right now it's more comfortable if someone else does it for you. However, even though we are doing it for you from this side, you are the one who is speaking! What an incredible paradigm, isn't it?

That is possible, dear human, because you and I are One. You and I are fused together. There is no difference between you, human, and we - the Group of Entities

that voice your wishes - because your own wishes brought you here and that's the reason we are here before you.

On which "Side of the Veil" are you?

Do you know who is sitting before you now? It is not the human sitting in the place where my voice is coming from. The one before you is the projection of your Infinite Being, who has lent his voice so that it can reinforce your desire to continue connecting to something that appears to be "on the other side," but, at the same time, it's also "here." We have mentioned this many times before: "the other side of the Veil."

On which side of the veil do think you are? On this side... or the other? As we have said many times before, the Veil is metaphoric. Perhaps you wonder whether it looks like gauze or very thin fabric... Neither. The Veil is just an illusion that makes us think we are either on one side or on the other.

You, Human, who live so happily in duality, you need to believe that there is "another side". It's the same duality that makes you believe that if you are "here" you cannot be "there." But, have you ever thought that instead of being "here" or "there", you could be in both places at the same time?

Well, that is exactly what is happening this evening, dear. This evening you are "here" and "there!"

We won't tell you where "there" is, but we can tell you that it's happening because this evening you prepared with a great exercise. In fact, you did a wonderful ritual that raised your frequencies and connected you with the frequency of Gaia's Central Heart (in reference to the exercise led by Abjini Arráiz).

You heard wonderful music (played by Victor Castillo) that transported you to that pristine essence. Lastly, you received the gift of a wonderful meditation which connected you with that heartbeat. So, you now know that you "are not here."

Listening with the Heart

You, human, are not here now. You are actually in a sacred interdimensional space that allows you to hear these words without having to logically process them in your mind. Right now, this sacred space allows for the words to bypass your brain and go directly to that great central organ you call heart.

That's the organ hearing my words in another dimensional space. Your ears are not engaged. What is engaged is your feeling, because all of you are in a space that vibrates in a slightly different way from the one to which you are accustomed.

Why is that? Because, dear, it was necessary for all of you to be in this place, it was necessary that you crossed the threshold or veil - whatever you want to call it - so that you could receive, understand, assimilate and accept these teachings... because this evening it's an evening for teaching.

Every time we have the great and immense pleasure of being here with you, it's a time for learning. You know something? The teachings are not just for you, they are also for us, because - as we mentioned before - we are a truly and completely part of you, just

as much as you are part of us. That is why there is no separation between us. Reflect on this.

The Central Heart of Humanity

In this sacred space, in this interdimensional place, time as you know it has been suspended, because we need you to feel the energy flowing from our Central Heart to your Central Heart (the Central Heart is the ONE heart of humanity, just as the heart of Spirit is ONE).

As the dear human (Abjini Arráiz) who gave you the teachings before us said, there is a whole system around you: galactic seeds generate star seeds; the star seeds generate planetary seeds... and the planetary seeds generate human seeds. Therefore - through a constant flow of connection - the human seeds connect with the Central Heart of their place of origin and with the Central Heart of the universe they now inhabit.

Gaia's beating Heart

As part of this system, we have Gaia, Mother Earth, where she is the planetary seed and you are the human seed. You both vibrate and pulsate with the same frequency and Gaia's heartbeat it's your own heartbeat!

During the wonderful visualization, you were told about the Crystal. As this crystal descends into your being, it harmonizes and purifies all your energetic centers until it reaches the center of your chest and explodes with a crystalline light within your heart... trust me, it's not just a metaphor. Indeed, it isn't.

Your heart is a real crystal of high frequencies. Its function and effects go beyond the physical image you could have of it. That wonderful Crystal was created in the image of Gaia's Central Heart, which is a huge and beautiful Light Crystal with magnetic pulses, and it connects with the magnetic frequencies of each one of the inhabitants of this planet... and not only with you, human beings, but with ALL beings!

What we are trying to tell you is that there is a wonderful connection of all the frequencies and they all converge in the Central Heart of Gaia, who is the Great Central Crystal that continuously radiates de frequency of life that moves the entire Planet Earth.

What is Kryon's role in this system? Everything IS a system, and Kryon is the system that helps you (humans) adjust your magnetic frequencies... and therefore, since all is connected, helps to adjust the magnetic frequencies of your Planet.

Kryon represents the wiring designed to pulse where necessary and to adjust what needs adjustment, so that the raising of the magnetic frequencies of this planet can be carried on in complete harmony with the desire of the human being. The desire to grow and expand in harmony with the natural process of everything that is, and has always been, in a constant state of growth and expansion.

You know very well that the universes are always in a state of growth and expansion, and that the Earth is a living being that is also in a constant and permanent state of energetic expansion. There are no dormant states in energy. It doesn't stop: it is ever constant and changing, you can observe this in nature's cycles, each follow the other

without stopping. Why is this so? Because there is a need to generate and maintain an energetic flow that enables change and transformation, both in nature and in the essence of man, who is also subject to the process of change.

Gaia's constant transformation

However, let me tell you this: Gaia is not changing "now" because she just made the decision to change. Gaia is "always" in a state of change and transformation, because Gaia's life cycle was predetermined, just as all the species have a predetermined life cycle.

If all the planetary systems are ruled by cycles, and all beings - including humans - are ruled by their life cycles, why not Gaia? In fact, Gaia HAS her own life cycle, which is a permanent cycle of change and transformation.

In the same way all the species and beings benefit from the changing seasons, Gaia also has in her forecast certain "change of seasons" which are not as frequent as the seasonal changes you are used to seeing in a recurring and continuous way.

Dear human, please believe when we tell you that Gaia's changes are predetermined, they are part of a cycle that comes from the existence of a whole system that regulates life.

What should you do, dear human, in order to flow and adapt to this system? Simply accept the changes, accept that everything around you is always changing, because it is necessary. If not, life would come to a stop... You wouldn't want that, would you? You want to be alive and want everything around you to be alive and pulsing. So, what can you do? You should walk in the direction the changes are pushing you. You cannot go against the current.

Then, what is Gaia doing to change? She is just creating structural changes in Her Being and these changes are causing the superficial manifestations that happen from time to time.

The internal energy is manifesting externally

In the last few days, there have been superficial manifestations from Gaia in different parts of the world. Why do they happen? Because they are part of the change and transformation that cause "the internal energy to manifest externally."

Does the same thing happen to you, dear human? When the internal is transforming, what do you do? You bring it out into the open. How? That depends on what is transforming or manifesting... but you have to bring it out! When you bring it out, what does usually happen around you? I think you know: small earthquakes happen, small tremor that shake the foundation of your life and, consequently, they shake the foundation of the lives of those around you.

What do you think? Does Gaia live within you? Of course! Gaia does live within you! You and Gaia are One. When you transform, Gaia transforms. When Gaia initiates her own process of transformation, the human being also transforms, and all the species follow. Why are these transformations sometimes mild and sometimes strong? Because they are cyclical and fluctuate in intensity.

The solution is to flow

When you feel a strong desire to change, you cause an external manifestation and things begin to happen. It's the same way with Gaia. What can you do? Simply follow... Gaia and you are permanently joined together.

Human, do not think for a moment that you don't have to be anchored to the energy of Planet Earth! You would be so wrong! That disassociation could bring you great unhappiness in the end, because if you feel disconnected from her energy, you could think that you don't have anything to do with the system that governs the planet, a system you are a part of.

Because you are human, you could do whatever you please with the planet: harvest, deplete, destroy and misuse the gifts she gives you, thinking that you have absolute control over these... but you would be wrong. In the end, do you know what could happen? That your behavior will deplete YOUR OWN reserves, mine YOUR OWN defenses and undermining your own BEING which is always connected to the generous and giving mother that is your dear Planet.

A real "Motherly Love"

What would a mother do, a mother who is mistreated by her child? You already know the story... More than likely, this mother would have a greater emotional connection with this child than with the rest of us. This mother, who only receive disillusion from her child, would probably have a greater emotional attachment to him or her, because in her heart, she would wish for this child to come back to her. That's what a mother's love is like... What do you think Gaia's love is like? It's a real Mother's Love!

I suggest, dear human - if possible - that from now on, you see all the manifestations of the Planet through different eyes... considering that Gaia communicated with you in different ways today. You heard her a while ago (channeled by Abjini Arráiz) and you are hearing her "now."

Connected to the Heart of the One

I can perceive some of your thoughts: "Kryon, how can you say we are hearing her "now?" Isn't it you, Kryon, who is speaking? Gaia spoke before and you are speaking now... and you are not Gaia!

Wait a minute, we'll explain:

Yes, we are all One... if YOU, human, are One with me and I with you... and if YOU are One with your neighbor, you are One with all of humanity and One with the Planet... And the Planet is One with the Galaxy and One with the Universe... If all entities are One... then, the Kryon Group and Gaia are One also! So, who do you think is talking now? We are talking through the One, because we all share the same voice, the same desires and we are all connected to the same heart, the Heart of the One.

We, Kryon, are also connected to the heart of Gaia and vibrate with Gaia because she vibrates with you, Human Being. We are all part of a great chain, part of a whole system.

We all are the "Magnetic Service"

Let's get back to the description given by Abjini during her discourse: we don't see any separation, there is no broken link or cut off frequency. Frequencies may oscillate, come and go, but the connection is there... because is magnetic! Gaia has a magnetic vibration. You've heard it. Human, the contact was made through your cells, which have magnetic vibration!

And what about us? Don't we also have a magnetic vibration? We ARE the Magnetic Service, and we are because you ARE the Magnetic Service. We said it on another occasion (April 2007 channel: You are the Magnetic Service!). We ARE the Magnetic Service because we have a magnetic connection with you. We "are" because you exist and that connection is indissoluble. Without humans emitting magnetic frequencies, there couldn't be a "Magnetic Service". It's a circle. No beginning and no end, and this is an interdimensional concept.

Interdimensionally speaking - as we said in the beginning - there is no "here" or "there." We are not "here" and you are not "there" or vice versa. In this moment, we are all in the same place... and in many places at the same time!

The Magnetic Heart of Gaia

The central theme for this evening is Gaia. Therefore, we will continue to speak of Gaia, and we will talk about Gaia's Magnetic heart.

For those of you who have not followed or heard about this, we will refresh your memory. We will speak a little about the "Cave of Creation."

We have told you many times that the "Cave of Creation" is a place which is both physical and interdimensional, and it's located in the center of the Earth. There is in this place what we call a "dimensional portal" - just to give it a name you can relate to - where the spiritual being who is in transit from "one place to another" and in the process of donning (or taking off) his human garments (these are all human concepts) goes through this place and reconnects with his essence: the atemporal essence which is recorded in a Crystal in the Center of the Earth.

In this Crystal are recorded all the frequencies - magnetic, of course - of what we could call evolutionary processes or past lives. That's where your essence is, the essence of everything you came to experience here on Gaia, each time you have been here. The Crystal holds all the information of everything the human experiences.

When a being comes from another dimensional realm to be part of the third dimension, he goes through this portal (so to speak) and connects to the memory of the Crystal and recovers the information necessary to continue his or her work.

Why is it done this way? Because your evolutionary work, human being, it's the result of previous evolutionary processes. Because the essence of your process is recorded in this Crystal, you need to recover the energetic informational thread that will enable you - in this experience - to continue what you came here to do, as a being in an evolutionary process within a human experience.

When you go back to your previous state, you go through the Cave of Creation again and exchange information with the Crystal; this crystal always has and always will

have your information recorded ... and not only yours but everyone going through an evolutionary process.

All the information of all the evolutionary processes is stored within the great brain in the Crystal.

Gaia's Crystalline Heart

Within Gaia's energetic center there is a great Crystal vibrating at a very high frequency. A real physical Crystal that you cannot even begin to imagine!

A real energetic-magnetic Crystal - which is Gaia's heart - that holds the information of all your past lives and all the past lives of all humanity.

Now, we ask you, whose heart is beating inside of Gaia? It's yours, of your past lives, all your memories, your experiences, your dramas, your celebrations and achievements, all your heroic acts... and all your spiritual advances.

Gaia, dear human, is alive because YOU constantly feed her with your experiences. That etheric heart, energetic and magnetic, is permanently connected to you and to all of humanity. Gaia's heart beats because YOU have given it the breath of life. Gaia lives because YOU feed her.

Gaia will never die out

Let's imagine for a moment that Gaia is - not dead, she can never die - in a latent state. What would happen? Imagine that life on the surface has died out. Gaia would then experience some kind of hibernation. If there is no human being left on the surface, Gaia would go in a state of hibernation until life appears again on the Planet. Gaia's Heart would beat at a lower pulse rate, at a lower frequency... but still alive!

Do you think it has not happened before? Ah, but it has happened many times before! Why has it happened? Because you, human, has destroyed it? NO. You could never destroy Gaia, even if you wanted, because Gaia's heart is too powerful. Even if there is no life on the Earth's surface, the Heart of Gaia would go on, waiting - like an anxious mother - for her son or daughter. Gaia's Heart would continue beating, waiting to give birth again. That is your Mother. That is Gaia.

Anticipating the changes that are already here...

Dear human beings, the changes are here. These changes are cyclical and evolutionary processes of a Being who is alive and who has to go through these periods of renovation.

Perhaps you have some degree of influence in stopping or accelerating these changes... However, these processes are determined because they are part of an integrated system. You ARE a system, the Earth IS a system, the Galaxy IS a system and the Universe IS a system. It's a chain and we must be conscious that all - you and us - form part of a system to which we are utterly linked, without the possibility of separation.

That is why we call ourselves "The Great Spiritual Family," and that is why we call this event, this reunion "The Reunion of Kryon and the Spiritual Family."

The Kryon Group is not the Spiritual Family. The Spiritual Family is ALL of us: you, us and Gaia. Gaia and the human beings are permanently joined together. Therefore, if I speak of you, human, I am also speaking of Gaia.

What are you waiting for, human, to bring the changes forward... before the change comes to you? You feel it. As you say: "you can smell it."

What does a human do when "he smells change?" There are several options. There are human that, regardless of who they are, fear change and never want change to come to their lives. They would do anything to remain in this "wonderful and perfect state" where nothing changes; nothing moves under their feet and they feel totally safe. There are other human beings who are the opposite, they blessed change. As soon as they hear that there are changes coming... they get ready, they get ahead of change by facing it.

What is the difference between trying to stop change and getting ahead of change? Whenever you try to stop change, you offer great resistance to something that will inevitably happen, whether you like it or not. When you go with the change and flow with it, not only you will ride the wave of change, but also, by riding the top of the wave you avoid being dragged. You are taking advantage of the force pushing the change, just like a sailboat takes advantage of a tailwind. When there's a tailwind, the helmsmen of great ships rejoice because they know that their ship will literally "fly" over the waves.

What are you waiting for, human, to steer your ship towards infinity, ready to meet the tailwind that will push your vessel so much farther, without resistance, to that place where the energy will unavoidably take you?

The human activates Gaia's transformation

Human, you are the cause of the changes in Gaia. Why is she changing? Because the human being changes as societies slowly go through transformation. Have you noticed the changes in Gaia since societies have undergone transformation? Yes, it's true that industrialized societies have depleted so many of Gaia's resources without much thought for balance... but it's also true that this new society has discovered new technologies that will be perfected more and more each day, and where the ecological vision in the extraction of resources will be prevalent.

The human being who primitively extracted Gaia's resources, may still be extracting, but not in such a primitive way anymore. He is now using technology that will continue to advance, technology that is more careful and respectful of the unlimited potential of Mother Earth.

Yes, human, you are changing. You are changing for the better. The change is always for your own good, even though you have not yet realized it... because, for Gaia, your human lifespan is nothing but a snap of the fingers, a sigh or the blink of an eye... And you cannot appreciate the effect of the changes in one single lifetime. However, for Gaia everything has changed, everything is continuously changing and transforming, because you, human being, are here on the face of the earth doing everything possible so that the Planet evolves with you.

When you change, human being - and I am not talking about a change from a personal perspective, I'm talking about change as a whole - then, the society to which you

belong embarks on a journey toward new paradigms. This begins when you chose a leader who brings about that change for your society. Therefore, part of the process that originates changes in Gaia is the election of these new leaders.

Even though we have said this before, we will repeat it, after the new millennium that began with the number 2000, the paradigm of the human society has changed from authoritative leadership to participative and cooperative leadership. We will enjoy 1000 years of participative and cooperative leadership. However, we ask again, when will it happen? Other generations will see it, but you are the ones planting the seed that will make this change possible on the surface of Gaia.

We are all ONE

My dear human, you are the seed that come from a planetary seed, a stellar seed... Your seed fell on Earth, and was deposited in the womb of that magnificent being that keeps your life aligned, balanced and magnetically adjusted, because you and Gaia are One.

We are all One. In Oneness there are no differences. We are all One because we vibrate through the great etheric heart. The Heart of the ONE. The Heart of the One "is just one."

It doesn't matter if you now see differences in others that you cannot overcome! Try to place yourself - when you get a chance - in that wonderful multidimensional space where time was suspended for a short while, we don't even know for how long... Remember this brief moment. Remember the short time when time was suspended and you were able to hear some things that you didn't process with your physical ears: you received them in your heart and your heart channeled them to the heart of Mother Earth.

You are a Veteran of Change

Allow yourself to accept that you are here on a mission that you have accomplished many times before. You are an expert at this. Try not to forget it!

Erase that metaphoric veil before you and imagine for an instant that this is not new, you have done it many times before... And each time it seemed "new" to you. If ever again you have an opportunity like this one, where we can all relate from the One and where you can come to listen to your own voice, and that voice is rewarding you with the truth that you already know... open your heart!

Listen to its rhythm. Connect to the rhythm of Gaia, Mother Earth. Remember this moment, remember the teachings, remember that you are your own leader, your own teacher and the orchestrator of your changes. No one knows what is good for you better than you. No one can do it better. All you have to do is connect through your heart, that sensitive organ that beats within you transmitting you the essence of the Heart of Mother Earth.

Those who have recently left... have come and gone many times!

Within the Earth's Heart are recorded all the experiences and, consequently, the experiences of those who have left. However, "those who left" recorded their experiences of "when they left again" and also "when they came back." They all came

back to tell you - you, who think you lost your beloveds and miss them - "don't worry about us. We are still here and we are within the Heart of Gaia and our essence vibrates without you."

Each time we have an encounter of this magnitude, all those entities you missed, and are still missing, celebrate the possibility of being here in close and intimate contact with those they left behind... you. It's not because they cannot do it at any other time. It's because all of you opened a portal when you accepted to be here, to be taken to that interdimensional state that would facilitate the teachings and the communication we are talking about. These entities only wish is that you remember them, called on them and that you interact with them through this wonderful energy that took place here. I wish you could see them! Even if you cannot see them, I'm sure you can feel them right now.

This is the energy of meeting with the Spiritual Family, because the Spiritual Family is all of us: those of us here, those who left, those who came and those who stay. Those who chose to stay and those who chose to leave. Is there a difference between you and I, dear Human? Absolutely none. Furthermore, the human sitting in this chair is no more special than you are. It's just another human who speaks the same language you do... through the Voice of the One.

We are just one... of the infinity versions of the ONE

When you channel another person or when you channel another being or entity, you are channeling the One. So, they channel exactly the same.

We are the One and there are infinity versions of the One, and each one is... ALL OF THE ONE! You and I, as we said a moment ago during the wonderful visualization before the message, are One with the Light and that's why we are here. We came here to show you so that you could feel it, because these meetings are not mere words where the voice goes through one ear and out the other.

These meetings are energetic. These words, tones and energies that come from the channel are designed to cause a vibration within you that make you feel the message we give you. And you will take this home with you, so that you, in your intimate space, can remember and meditate about what happened here this evening - not about what we said, but about how you felt - and connect with the ONE again. And so, this meeting will never end, it will go on in your interdimensional space every time you wish to call it forth.

And because this meeting does not end, we do not conclude.

Within this sacred space, Kryon does not say goodbye, because we are always here with you, in your heart... because in interdimensionality, there are no goodbyes.

And so it is. Go in peace.

Kryon

Channeled by Mario Liani

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