



MARIO LIANI

Numerologia Transpersonal
www.38uh.com

THE KRYON TEACHINGS

Channeled by Mario Liani

The Kryon Group is the name Mario Liani uses to describe the loving energy of Kryon, which is not a single entity but rather a group of highly evolved beings of the angelical realms operating as a group — not as individuals — in absolute synchronicity.

Kryon is currently being channeled in several languages
by different spokespersons around the world.

Mario Liani is a channel for Kryon in the Spanish language.

THE POWER OF GIVING FROM THE ESSENCE OF YOUR HEART

Channeled live on November 29, 2008

(Caracas, Venezuela)

It is appropriate to mention that the following text is not an exact and literal transcription of the live channeling; the spoken word possesses an energetic quality that cannot be captured with the written Word. In virtue of this, Mario Liani has channeled Kryon once more in order to make the necessary adjustments so that the text is coherent and the message can be processed by the reader who was not present at the live event.

Kryon's Voice

Dear everyone.

I am Kryon, in Magnetic Service to Humanity.

There is a wonderful heart concert here tonight that you have seen fit to give yourselves... a wonderful concert of souls playing one single melody: the melody of Infinite Love that envelopes all with a higher purpose your soul wishes to express.

And so it is!

Welcome everybody, welcome to this place that is no longer physical. This place which is in no time and no space. This experience is taking place in your hearts, not only in your physical organ but also in the energetic and magnetic center of your heart.

You already heard the wonderful visualization our spokesmen lovingly prepared in order to promote the marvelous emotional climate you have here tonight (in reference to the prerecorded meditation previous to the channeling session).

How many angels can dance on the head of a pin? An infinite number! How many hearts in a physical space? Countless... because in reality, all the hearts here beating in

unison are moving to the beat of a single melody, the one you wanted to hear tonight... the same one you are singing!

Heart Concert

It's paradoxical, don't you think? Unbelievably so, you came here to hear the same melody you are now singing. "What do you mean, Kryon? Please, explain. We don't understand." Human, you want an answer... and you already have it. The song that you wish to hear is being sung from all the different spaces of your multi-dimensional Being, where everyone was assigned the task to come here to give you support tonight.

You are also receiving support from the other humans here, because they - just like you - came here looking for support. And what happens when a human joins another and both are looking for support? They undoubtedly support each other.

In this heart concert tonight, you are receiving the greatest support you can receive in a special moment such as this one. We greatly doubt that you can receive this kind of healing energy in your emotional being in circumstances different from this one.

There is so much energy in this place, human, where you came summoned by yourself... hoping to hear an encouraging and hopeful message that would remove your melancholy and hopelessness, and that would allow you to have the necessary spiritual peace to understand that you are not alone.

You are never alone, dear human being, never. We are always with you. Perhaps you ask yourself: "How many?" All of us! The entire Spiritual Family! Without exception, we are all here with you now. Not one, not two, not even three... not only the one who left or the departed one. Everyone! Because we all - you and us - are part of what we call "The Great Spiritual Family." And you are also part of it, human disguised in the flesh, when in truth you are angels seeking an experience that will help recreate the divine hologram.

Shaping the Hologram

The hologram mentioned by our spokesman is the magnetic grid, the magnetic field that surrounds you, which is full of intersections with different levels of energy, and when those are activated they promote new scenarios and create new holograms.

What is a hologram? A hologram is the experience you are observing, the experience in which you are participating. You, immerse in your experience and the experience of others. That is the hologram of which we speak, and that hologram is in the magnetic grid of which you are a part of. How many holograms and how many experiences are there? How many strings intersecting and vibrating simultaneously? We will not tell you, because you could never understand it. We cannot give you a number, because they happen every second of every moment, changing the dynamics, depending on whether you chose to go right or left. And whenever an intersection changes, the whole panorama also changes.

Did you close some doors? Then you open some new ones. And these new doors have a whole new scenario in store for you. Good scenarios or bad scenarios? There is no such a thing. They are just different scenarios or potentials for other opportunities. They are just windows or doors that need to be opened or closed.

You are here today because you decided to open a door. Perhaps you thought: "What awaits me on the other side of that door? Oh, dear Kryon! Oh, dear God! Oh, dear higher Self!" Perhaps you asked yourself, "What can I hope from this experience? Will my wishes and yearnings come true? Will I dare to think them or express them? Or will I quietly hide them deep within myself and wait for the moment when I fully, clearly and completely understand what it is that I want?"

Because here is the great paradigm of the human being: you, human, think, aspire and wish for things, but for the most part you get the opposite of what you originally wished for. Why is that? That is due to a myriad of factors that play an important role in the context of what we have talked about: the inter-dimensional framework.

When you decided to go in a certain direction, the connections begin to activate. But the moment you hesitate and have doubts about what you want, these connections immediately disappear and others open.

The dynamic between what you want and what you think you can create is changeable, because that dynamic, dear human, is generated by your thoughts, your wishes and your visualizations. How strong and intense is your visualization? How strong is your desire? Is that desire as strong as you think it is? Or do you have doubts about what you consider a weakness in your character? Do you doubt your real potential? It is about this subject, dear, that we wish to bring your attention to this evening.

What we wish to bring your attention to has much to do with the way you manifest your emotional energy, the way you open your heart. Do you know what we are talking about? Because for you to open your heart means to reveal your feelings, to show your feelings and share them with others.

I ask you, would you be able to do it if you didn't tell yourself how beautiful, intelligent and courageous you are, and the way you make decisions, the way you face life every single day? Are you capable of celebrating yourself? Are you capable of filling your heart with joy for yourself while you repeat how much you love, value and respect yourself?

The Power to Give from the Essence of your Heart

If you are capable of doing everything I just mentioned then you are totally capable of expanding that energy, because once you do it and multiply it, what you heard during the visualization will happen within you: the miracle of transformation!

The transformation we spoke of is the moment you realize that you, my dear being, are complete and that you possess absolutely everything. You have so much... and when you don't need anything, you then possess the simple capacity and innate power to give.

Have you realized that with a mere desire or intention, with just a simple word, with only a gesture, touch or embrace you could have the option to completely transform your interaction with this or that person? Why do think you came here this evening, dear? You came to hear a reminder!

The reminder about that wonderful organ that you call heart in the physical plane and in the energetic is the center of the solar plexus chakra. The place where the most powerful transmuting energy emanates, this is the center that governs your lives,

beyond the connection you have with your mother earth, and beyond the connection you think you have or could have with Spirit.

The bridge or link between these two dimensions (between Mother Earth and Spirit) is the energetic center of your heart.

Expansion and Contraction

Humans: you cannot connect with each other if this center is not open... if you have not expanded it. Why do we say expand? Because life, dear, manifests through the process of expansion and contraction, energies going one way and energies returning in the opposite direction.

Energy is always circulating and will always come back to you after you have sent it out. Whenever you give of the wonderful love that you have stored within you, everything around you flows. When you resist and don't express this love - in any way - because you believe that it will make you seem vulnerable, at the mercy of others who "supposedly" want to take advantage of you, then nothing seems to flow around you. You know it. You have experienced it, haven't you?

What love are we talking about here, dear? We are not talking only of the love between couples, shared by two people who love each other and who share their lives together - regardless of gender and the way it is expressed. We are speaking of the love you need to connect yourself with all the experiences in your life, day after day.

Many of you complain that you are not capable of manifesting prosperity; that your financial situation is lacking; that no matter how hard you try, you cannot understand why you cannot materialize what you want.

How much Love do you Give your Life?

Now I ask you, dear human: How much love do you place in what you do to earn a living? With how much energy and sensitivity do you handle the object of your desires at a material level? How much love do you put into your commercial activities or profession? How much love do you give those that do business with you? Besides placing the money in their hands and a handshake, what do you give them?

Perhaps you should reflect about what is lacking in the application of the formula you use to increase your prosperity.

The concept of abundance comes from the meaning of the word: I have so much that I can share with you... When you are abundant in love and literally bathe others in that sensitive energy, you will be able to perceive that your joy depends not only in having something tangible but also in materializing something you wish for, which, in reality, will come as a result of the expansion of your Being, that part of you that wanted to share your abundance with others.

And as you know, just like energy contracts and expands, and it comes and goes, what you give will come back to you multiplied... keeping track of what you give to others? No, dear human! You don't need to keep track of what you give, because even if you didn't get anything back in return, you would not lack for anything because you are already abundant!

Loving your Higher Self

The kind of love we will talk about now is not only the love between couples, one you may enjoy in your interpersonal relationships, whatever they are. We want to talk, dear human, about a more intense type of love relationship. The relationship you have with your Higher Self, with the Spiritual Being you think you are.

If you are here now looking for answers, why do you think you came here for? You came here to this Family Reunion because you felt that your relationship with your Higher Self - the Spiritual Being you know are a part of - needs to be fed with Love. Do you by any chance think that you are the only one who yearns for that contact?

I, Kryon, observe you. I know who you are. I know your name. I know what you think. I know what you do. And I hear you every time you call that timeless Spiritual Being you call God, o that Higher Self you have magnified... you cry out for love!

What do you tell Him? I can almost hear it now.

"Oh my God, you have abandoned me! Why did you leave me right at this moment? God, why are you not here now, when I need you the most? Why don't I get a sign from you? What is happening? Where are the synchronicities? I can't see them now."

Human, why do you think this happens? Why does your Being - which besides being human is also angelical - needs love now? Whom do you ask? Ah! You are asking that part of you that you consider special and superior, that part of you that you have exalted.

You cry out to be recognized, forgiven, blessed and loved!

And now I ask you, dear, why not the reverse? Why not go to that Special Being that you hold in high esteem and just this once you give It everything It usually gives you without asking for anything in return? Yes, nothing in return. He is always by your side giving you Unconditional Love.

Then, instead of asking for something, why don't you give It what you have? You could begin a dialogue with that Higher Self, with that other part of you, and perhaps say something like this:

"Oh, my dear Higher Self! Oh, Great Part of Me! You, who plan and manage the great concert that we all are in the multi-dimensionality, I, from the human part, recognize you, bless you and send you all my gratitude for this experience we are enjoying together, and because without neither you or me, this wonderful experience would have never been initiated.

Forgive me, dear Higher Self, if, I, in my duality, cannot see or even perceive you! Many claim to feel you, perceive you, and even see you, but I, in human form now, sometimes feel diminished for not being able to do it. Maybe I even feel crazy for having this conversation... It looks like I'm talking to myself, but I know that I am not talking to myself. Even if I say so, I know that I am talking to you. And even though you don't respond verbally, I know that you can hear me. O, dear Higher Self, I want you to hear me. Today I am not asking for anything. Today I want to give you, what I am, what I have... instead of asking for something, I am giving you my Unconditional

Love. I don't need anything in return because I have everything... you give me everything... I don't need anything else if I have you!"

Ah, dear human. What a dialogue! Such paradigm! Instead of asking Spirit, you are giving. Do you see how appropriate and right it is? The message now is a two-way street. You need and you ask, but you also have and give. There is a better balance in this relationship now, not because it absolutely necessary, but because it is right and appropriate. And so, human being, when you learn to give, the learning becomes a habit and you don't have to learn what you already know. Therefore, you Are and don't have to pretend to Be. You are!

Love and Religion

When we speak of Spirit, we also speak of religion, and Love has a lot to do with the way religion is practiced.

Human, the relationship between the human being and religion - with his own religion - should be one of Love, not just dialogue and recriminations or asking for forgiveness. Along the way, the human being has found different ways of relating to what you call "religion." You, in this 21st century, in the midst of change, in the midst of the search for new paradigms, on your way to the New Earth, you are also changing the way you relate to God through your religions. Although you have different ways of getting close to what you call God, this is also changing. Every day, more and more people are beginning to understand that religion is not a relationship with something external - worship, cults, schools, temples, rules and commandments.

Now, many of you have understood that the relationship of the human being with his religion or spirituality is really an inner relationship. After the 21st century, the magnificent, centuries-old temples brimming with gold will begin to disappear or lose validity. Instead, new temples of contemplation will be built within your Being, not outside. And the human being will understand that you don't need anything external to connect with "the spiritual," because the spiritual is not "outside of yourself."

When you say something like, "I'm going to connect with the spiritual," it sounds as if you are thinking of dialing a telephone or texting a message. In reality, you don't carry out such connection as if you were extending a cable to something that lives beyond the Spirit that resides within you. You are One with All. If that is so, what you call God is everything. Therefore, you are part of that All. You ARE ALL. You ARE GOD. If this is so, would you, in real life, waste time calling yourself?

Perhaps, later on, even the word "God" will be diluted - without rush or distress - and that word you now use to connect with something that is "out there," will be substituted by a word that will imply an inner connection with the divine essence that resides within you.

Let me tell you something else: study the religions and their history. You will see that every religious or spiritual movement throughout history has had "its own prophet" as the bearer of a particular message. When a prophet revealed his message, he received this message privately, generally within the context of a vision that happened through a personal connection. The most important thing to mention is that when this prophet revealed his message, there were no other prophets "simultaneously" coming out with similar messages. He was the only prophet with that particular message, until another

prophet would come out with a message completely different. Back then, Spirit relied on a string of messengers, each one with his own vision.

One Hundred and Forty-Four Thousand Prophets

Just look at what is happening now in the 21st century. Perhaps some of you would say: "It's too early, nothing is happening at a global level, Kryon." No, that is not so, even though the seed of the New Earth is only in a state of germination, what is going on? Nowadays, you don't have one single prophet giving you messages; you have one, ten, one hundred, one thousand, ten thousand, one hundred and forty four thousand prophets talking about the same thing! Do you know what this means? That there are probably one hundred and forty four thousand hearts connected to the same energy, with the same purpose expressed through a single message.

When Spirit delivers a message, he doesn't do it from the individuality of the receiver, who no longer waves the "the only messenger" flag, it is now a message shared by all "the prophets." Let's see, how many spokesmen for Kryon around the world? There are many. Why are there many messengers for a single source of transmission? Because all the messengers live in different places, so that the same or similar message can be promulgated in different ways. However, the fact that these messengers live in different places, speak different languages and have different ways of expressing themselves, doesn't mean that they are not all connected to the same energy source where the message originates...that energy is the "One and Only Heart." And that "One Heart" is "us." Not only us, "You and We: US."

Spirit is love and therefore Spirit requires that this Love be manifested. Although love is a word that may sound worn out to you, do not discard it, in fact, you should use it more often.

In this moment, we feel a great expansion in this room, because all the hearts here are beating in unison, connected with the message resonating right now - beyond your minds, in your perception. As our spokesman said before, the hearts are beating in unison because there is only one heart in this room, from the group of souls you represent... wishing to effect - with that single heartbeat - a change of paradigm in the geographical place you inhabit.

There is only one way to achieve this change of paradigm to which you aspire and that is through the unification of purposes... and the unification of purposes, dear, is more than humanly convenient or strategic. To achieve such a unification of consciousness it is required to unify perceptions so that you can operate as one mind, one soul and one heart.

The Masses Materializing Changes

Every country has a soul. In spite of the fact that each inhabitant thinks differently - on a level that is not possible to physically comprehend or handle - all those hearts have come together for one single purpose: to acquire learning in a collective experience. When does the change occur in this experience? When those hearts have connected and understood which one is the experience they have to magnetize and what learning they must complete as a mass. And this experience and this learning are accomplished through the unification of objectives.

When a country desires a change of paradigm and that change occurs, is because the great mass has decreed it so, operating (the mass) as the critical element that triggers the change.

Look at what happened in the great country of the North. There was a very important change in the government of that country. And something very remarkable happened that you may not have perceived properly. What happened is that the desire for change - through the unification of wills, intentions and hearts - transcended the geographic boundaries of that nation. It's amazing how all over the planet Earth many popular movements arose in support of the change that finally took place. Have you thought about this? Observe how many people all over the world - who were not even citizens of that country and without hope of personal gain - supported that change. What paradigm! Do you realize what happened? The whole world agreed on this and reached the necessary critical mass to generate such change!

Inter-dimensionally speak, who cares if the person who at this moment holds the destiny of one of the greatest nations in the world is named this or that, or is of this or that race, belongs to this or that faith? It's completely irrelevant. What we are trying to point out is that the change happened because the hearts of humanity came together and resonated together.

Human, I ask you now: do you wish change in your life, in your city, in your country or in your world? Do you want to know what you need to do to make it happen? You must resonate together, in partnership, in cooperation, with emotion, accepting and forgiving... completely open to the possibility of giving yourself to whoever needs you... even before you need someone to do this for you.

I cited that incident, dear, because that is the most recent and obvious example of what we call global unification. That is "critical mass in action" and is now happening in your world, where changes are taking place, even though there are still those who would say: "No, the world is the same; it has not changed at all."

Of course your world is changing, dear, and you are the precursor of that change. You, with your new attitudes, dreams, wishes and desires for a New Earth... you are seeing proof that destiny - your destiny - is (as we have always said) in your hands. The apocalyptic prophesies of "the end of times" are no longer valid. The only "end" happening now, dear, is the last letter of the last word I just said... because when I say the next one, that other one is already gone. There is no "end of times." Everything that happens in your life is dynamic, fast and changeable, but it is always you the one activating and materializing the change, dear. How do you do it? By aligning your heart with the heart of Mother Earth - the one you call Mother Gaia.

A Great Heart Beats in the Energetic Center of the Earth

The frequency your scientists hear comes from the center of the Earth, it is actually the heart of Mother Earth, a living organism that feeds on the heartbeat and breath of all the living beings, each one of you. When your hearts beat together, the heart of Mother Earth also beats in unison... in total joy and happiness, because each one of her children is alive. How do think she shows her happiness? What does mother Earth do for you, dear? Give, give and then give some more! And all you want is to take from her... what do you give in return to Mother Earth? Remember what we just said: giving and receiving is a two-way street. So, as we said before, how about if instead of asking from Mother Earth to give us this or that why don't "we" give something? All of us

together, WE...because when we speak of "we," we are talking about the Spiritual Family made up of angels pretending to be humans, and angels who are jealous of the humans who are part of this experience.

You and us - the great spiritual Family - we beat in unison... and this beat resonates in the heart of humanity... and the heart of humanity resonates in the heart of Mother Earth. It's quite a system!

The connection of love through the heart is a true system that causes a series of events and circumstances that you should try to maintain in synchronic functioning. Do you know why, dear? When love causes you pain, what is the first thing that happens? You become depressed, you lose the will to live, and you somatize and become sick. Why do you think that happens? Because there is no love flowing. That constant and overflowing energy becomes stagnant and holds back... when it doesn't circulate freely, that "repression" sits somewhere in your physical body, applying "pressure" that usually manifest as some kind of illness.

A Shower of Love

Dear, there are many masters and shamans in this room who know that all physical ailments are the result of energetic blockages; they also know that the main organ that produces the biggest energetic block is the heart. What else can we say that we haven't said so far?!

There is a group of souls in this room, dear - besides your beating hearts - touching your heart at this moment so that it beats faster and expands, helping you dissolve the energetic blockages you brought here tonight. Can you feel it? Did you begin to feel it when you heard the wonderful visualization before this message? Did you feel lighter? Did you feel that you had forgiven yourself, forgiven others and accepted that this is the time to open and let go?

This same group of souls who is among us tonight is helping you. They are YOUR FAMILY! They are the souls that comprise all your experiences. Some of you can feel them; others have perceived them and have felt the call to the heart. How many tears have you shed?

You have felt it, because the energy of the Spiritual Family is present here this evening - not they have not been here before - but they are substantially and exponentially present tonight, because it was necessary that you had that "shower of love" from all of us who love you without measure.

We have always told you that we acknowledge you and honor you for your courage and willingness to leave behind the grace and fluidity of an angel to be here in this human experience, which is hard, dual, singular and extraordinary... and highly honored. We respect you, love you and honor you for that, we would do whatever is necessary for you... like being here, communicating through our spokesman, surrounding you with angels and asking you to, please, let us be here with you now.

Now is now. Now is forever because forever is now. We are always with you. You are never, never alone!

You are loved immeasurably, you are utterly blessed. And even though in a brief moment we will cease verbal communication, know that in the inter-dimensionality

there are no good-byes. It's hard to say goodbye with words, however, the intention remains here.

You are surrounded by good will, and we have come to give you all the love you deserve. Go in peace.

And so it is.

Kryon

Channeled by Mario Liani

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Mario Liani is a Numerologist and he directly advises persons, groups and enterprises from Caracas, Venezuela.

Transpersonal Numerology - The Kryon Teachings:

www.numerologiatranspersonal.com

Translator: Gilda Tangtam - bellamadonna11@yahoo.com